

Lunar New Year 2020 Activities

LION DANCE AND KUNG FU

Sunnybank Plaza
One of the most popular features of any Lunar New Year celebration is the Lion Dance. When done well, the dance is said to bring good fortune, prosperity and longevity to wherever it is performed. We welcome three different Lion Dancing performance groups to Sunnybank Plaza & Sunny Park, to help us welcome in the Year of the Rat 2020 and showcase these awe-inspiring skills.

Master Chen and the Southern Shaolin International Wushu Academy will perform the traditional Lion Dance each day outside HOYTS Cinemas Sunnybank Plaza, commencing at 10.30am, with Kung Fu demonstrations also included at weekend performances.

Lion Dance: Wed, Thurs, Fri, 10.30am
Lion Dance & Kung Fu: Sat & Sun, 10.30am

Sunny Park

During the week at Sunny Park, watch Master Tom Lo's Martial Arts School perform outside Woolworths at Sunny Park. Master Lam & LTL Group will perform over the weekend at Sunny Park, including special nighttime performances with Neon Lions!

Following each performance, the fabulous Lion Dance will continue throughout the Centre and customers are encouraged to follow the Lions along their path.

Lion Dance: Wed, Thurs, Friday, Sat & Sun, 11.30am

Outside Woolworths

Neon Lion Dance: Fri & Sat: 8.30pm

Dining Deck



CHILDREN'S CRAFT WORKSHOPS

Kids, get ready for back to school by creating your very own mini animal friend notepad. Choose from a koala, panda and of course lucky mouse – to celebrate Year of the Rat!

Wed, Thurs, Fri, Sat, Sun: 11am – 2pm
Outside Zarraffa's, Sunnybank Plaza



LIVE COOKING DEMONSTRATIONS

Experience free live cooking demonstrations with resident chef and food tour host, Tony Ching, as he showcases and samples a variety of Asian dishes. His Chinese heritage allows him to unveil the secrets to Asian cooking, with lots of interesting facts and family stories sure to keep the audience captivated.

Wed, Thurs, Fri & Sat: 2.00pm – 3.00pm
Foodcourt, Sunnybank Plaza

Experience free live cooking demonstrations with Carmel Carmichael, as she showcases a variety of Asian dishes. She'll give you loads of tips and hints along the way, plus you'll even be able to sample some of the delicious dishes!

Sat & Sun: 11.00am – 2.00pm
Near Fresco, Sunny Park

ART, CRAFT & CULTURAL DISPLAYS

The friendly team from the Taiwan Women's League will be displaying and demonstrating a range of traditional arts and crafts in celebration of the Year of the Rat. They will be transforming plain paper lanterns, masks and fans into beautiful works of art. With games to play, face painting and souvenirs for sale, make sure you drop by and visit for some Lunar New Year fun.

Mon, Tue, Wed, Thurs, Fri, Sat, Sun: 11.00am - 3.00pm
Main Mall, Sunnybank Plaza

CULTURAL HANDCRAFTS

Visiting artists from the Australian Asian Art Network Association, will be demonstrating a variety of traditional handicrafts, with some beautiful creations available for sale in celebration of the new year.

Wed, Thurs, Fri, Sat, Sun: 11.00am - 3.00pm
Main Mall, Sunnybank Plaza

TAI CHI

Tai Chi is the gentle art of health and well-being for people of all ages and health conditions. Come and see demonstrations by the International Wushu Tai Chi Academy in the Sunnybank Plaza Foodcourt during our Lunar New Year celebrations.

Wed, Fri, Sat: 11.30am
Foodcourt, Sunnybank Plaza



CHINESE CALLIGRAPHY & TRY-IT-YOURSELF

Chinese calligraphy has been around for over 2000 years and is one of the highest forms of Chinese art. Calligraphy Master Eric Lin has been practicing this art form for over 40 years, winning many prestigious awards for his skills. Have your special Lunar New Year message scribed by Master Lin as a treasured memento of this year's celebrations. Eric's team will also be running a 'try-it-yourself' station, where you can experience this beautiful artform firsthand.

Plus, try your hand at something different with our calligraphy fan workshops at Sunny Park!

Wed, Thurs, Fri, Sat, Sun: 11.00am - 1.00pm
Main Mall, Sunnybank Plaza

Wed, Thurs, Fri, Sat, Sun: 2.00pm - 4.00pm
Outside Parkland, Sunny Park



ICE CARVING

Come and see the professional carvers from Ice Art transform a 1 metre high, 140kg block of ice into a detailed Lunar New Year sculpture in front of a live audience. Using a combination of chainsaws and chisels, the sculpture takes between one and two hours to complete and will last up to four hours.

Sun, 4.00pm
Foodcourt, Sunnybank Plaza
Sat, 12.30pm
Outside Kafe Cafe, Sunny Park



FRUIT AND VEGETABLE CARVING

Watch on as our talented craftsman, demonstrates the ancient art of fruit and vegetable carving, transforming every day fruit and vegetables into colourful works of art! Plus, you may also have the chance to try it for yourself.

Wed, Thurs, Fri, Sat, Sun: 11.00am - 3.00pm
Main Mall, Sunnybank Plaza

FENG SHUI CONSULTATIONS

Discover the secrets of Feng Shui during a personal consultation with Feng Shui Master Tom Lo. Benefit from Master Tom Lo's 40+ years experience and have all your questions answered about this popular philosophy for good health and prosperity. Consultations are at the special price of only \$5 for 5 minutes with Master Tom in celebration of the Year of the Rat.

Wed, Thurs, Fri, Sat, Sun: 1.00pm - 4.00pm
Main Mall, Sunnybank Plaza

TRADITIONAL COSTUME PHOTO STUDIO

Take home a special souvenir of our Year of the Rat celebrations. Visitors will have the opportunity to be photographed in traditional Chinese and Taiwanese costume at our mini photographic studio. A variety of outfits will be available for you to try on free of charge, with souvenir 6"x8" photographs available for purchase from \$10 or take home your entire photo shoot on USB for only \$20.

Wed, Thurs, Fri: 12noon - 4.00pm
Sat, Sun: 10.00am - 5.00pm
Main Mall, Sunnybank Plaza

CHINESE SILK EMBROIDERY & WORKSHOPS

Master Artist Jenny Gao, founder of the Xiu Zhen Ge Centre of Embroidery, will be returning for this year's Lunar New Year celebrations. Jenny will be demonstrating the ancient art of Chinese Embroidery which she has practiced for over 20 years. As one of the oldest needlework styles, Chinese embroidery has a history dating back 2000 years.

We invite you to join in on one of Jenny's beginner workshops to learn this beautiful skill and take home your own unique creation. Workshops will be held daily at a cost of \$20 per person, with a variety of projects to choose from. Enquire at the display for bookings.

Wed, Thurs, Fri, Sat, Sun: 11.00am - 3.00pm
Main Mall, Sunnybank Plaza



AUSORIENTAL ORCHESTRA & FRIENDS

The Sound of AusOriental Orchestra, is a group of local musicians who have come together for the joy of music. This non-profit group aims to use music as a means to bring people of all nations together to promote tolerance and harmony in a culturally diverse society. Along with the orchestra, Sunnybank Plaza audiences will also enjoy some Peking Opera and Chinese Dance performances featuring some friends of the AusOriental group.

Wed, Thurs, Fri & Sat: 12.30pm
Sun: 1.30pm
Foodcourt, Sunnybank Plaza

J PERCUSSION

Join in the fun at our J Percussion Music School workshops & make some noise these school holidays! Through professional guidance from Brisbane's most renowned percussion music school, children will discover the joys of music through musical games & activities.

Wed, Thurs, Fri: 3.30pm
Sun: 12noon
Foodcourt, Sunnybank Plaza

Experience Sunnybank

sunnybankplaza SUNNYPARK

Lunar New Year Rooftop Party

Saturday 1 February
4-9PM

JOIN US FOR OUR LUNAR NEW YEAR ROOFTOP PARTY, WITH LOTS OF FUN FOR THE WHOLE FAMILY!

Sunnybank's New Year celebrations will once again finish with a bang, with a rooftop party and fireworks spectacular.

Immerse yourself in all the colour and culture of our pop-up Asian laneway with lantern making, calligraphy workshops, tea ceremonies, percussion workshops and more. Enjoy a program of live entertainment including traditional lion dance, music, cultural dance and K-POP performances, plus we've got games and activities for all ages in our family game zone.

Grab some dinner from one of our authentic Asian restaurants as the sun goes down and stay for our spectacular fireworks display, celebrating the new year with colour and excitement as we light up the night sky!

When: Saturday 1 February
Time: 4pm-9pm
Where: Sunnybank Plaza Rooftop Car Park

FOOD Discovery TOURS

Tantalise your tastebuds and go on a journey of food discovery at Sunnybank Plaza!

Designed for food lovers and budding cooks alike, our Food Discovery Tours are led by experienced chef Tony Ching, who will help you navigate your way around this fabulous world of food in a fun and informative way. Tony will show you the best places to eat and shop for fresh food at Sunnybank Plaza, coupled with some great cultural stories and insights. Each tour concludes with an authentic Asian meal, plus every participant will take home a bag of goodies valued over \$25.

Bookings are essential as places are limited. Please visit experiencesunnybank.com.au to book or for more information contact Sunnybank Plaza Centre Management on 3345 7500.

COST
Special Lunar New Year price of only \$50 per person

JANUARY

Wed 22: 10am & 3.30pm
Thu 23: 10am & 3.30pm
Fri 24: 10am & 3.30pm
Sat 25: 10am & 3.30pm
Sun 26: 10am & 3.30pm

FEBRUARY

Sat 1: 10am & 3.30pm
Sun 2: 10am & 3.30pm

EXPERIENCE SUNNYBANK'S AUTHENTIC ASIAN DINING & FRESH FOOD

Why not complete your Lunar New Year experience and celebrate the Year of the Rat 2020 by enjoying an authentic meal with family and friends? Choose from over 60 dine-in and takeaway options, or you may prefer to prepare your own meal utilising the extensive range of Asian groceries available at our Asian supermarkets and fresh food outlets.

Visit our website to browse the fantastic range of food and entertainment outlets, and find contact details to book your next food adventure experiencesunnybank.com.au.

Lunar New Year 2020 Sunnybank Plaza

WEDNESDAY 22

10.00am Food Discovery Tours \$50 per person (Bookings essential) Walking Tour
10.30am Lion Dance Foodcourt Ramp
11.00am - 1.00pm Calligraphy Demonstrations Main Mall
11.00am - 2.00pm Children's Craft Workshops Outside Zarraffa's
11.00am - 3.00pm Art, Craft & Cultural Displays Main Mall
11.00am - 3.00pm Chinese Embroidery Main Mall
11.00am - 3.00pm Cultural Handcraft Demonstrations Main Mall
11.00am - 3.00pm Fruit & Vegetable Carving Main Mall
11.00am - 3.00pm Tai Chi Demonstration Foodcourt Ramp
12.00pm - 4.00pm Traditional Costume Photo Studio Main Mall
12.30pm AusOriental Orchestra Foodcourt Ramp
1.00pm - 4.00pm Feng Shui Consultations Main Mall
2.00pm Live Cooking Demonstrations with Chef Tony Ching Foodcourt Ramp
3.30pm Food Discovery Tours \$50 per person (Bookings essential) Walking Tour
3.30pm J Percussion - Kid's Percussion Workshops Foodcourt Ramp
11.00am - 1.00pm Calligraphy Demonstrations Main Mall
11.00am - 2.00pm Children's Craft Workshops Outside Zarraffa's
11.00am - 3.00pm Art, Craft & Cultural Displays Main Mall
11.00am - 3.00pm Chinese Embroidery Main Mall
11.00am - 3.00pm Cultural Handcraft Demonstrations Main Mall
11.00am - 3.00pm AusOriental Orchestra Foodcourt Ramp
1.00pm - 4.00pm Feng Shui Consultations Main Mall

THURSDAY 23

10.00am Food Discovery Tours \$50 per person (Bookings essential) Walking Tour
10.30am Lion Dance Foodcourt Ramp
11.00am - 1.00pm Calligraphy Demonstrations Main Mall
11.00am - 2.00pm Children's Craft Workshops Outside Zarraffa's
11.00am - 3.00pm Art, Craft & Cultural Displays Main Mall
11.00am - 3.00pm Chinese Embroidery Main Mall
11.00am - 3.00pm Cultural Handcraft Demonstrations Main Mall
11.00am - 3.00pm AusOriental Orchestra Foodcourt Ramp
1.00pm - 4.00pm Feng Shui Consultations Main Mall

FRIDAY 24

10.00am Food Discovery Tours \$50 per person (Bookings essential) Walking Tour
10.30am Lion Dance Foodcourt Ramp
11.00am - 1.00pm Calligraphy Demonstrations Main Mall
11.00am - 2.00pm Children's Craft Workshops Outside Zarraffa's
11.00am - 3.00pm Art, Craft & Cultural Displays Main Mall
11.00am - 3.00pm Chinese Embroidery Main Mall
11.00am - 3.00pm Cultural Handcraft Demonstrations Main Mall
11.00am - 3.00pm AusOriental Orchestra Foodcourt Ramp
1.00pm - 4.00pm Feng Shui Consultations Main Mall

SATURDAY 25

10.00am Food Discovery Tours \$50 per person (Bookings essential) Walking Tour
10.00am - 5.00pm Traditional Costume Photo Studio Main Mall
10.30am Lion Dance & Kung Fu Foodcourt Ramp
11.00am - 1.00pm Calligraphy Demonstrations Main Mall
11.00am - 2.00pm Children's Craft Workshops Outside Zarraffa's
11.00am - 3.00pm Art, Craft & Cultural Displays Main Mall
11.00am - 3.00pm Chinese Embroidery Main Mall
11.00am - 3.00pm Cultural Handcraft Demonstrations Main Mall
11.00am - 3.00pm Fruit & Vegetable Carving Main Mall
11.30am Tai Chi Demonstration Foodcourt Ramp
12.30pm AusOriental Orchestra Foodcourt Ramp
1.00pm - 4.00pm Feng Shui Consultations Main Mall
2.00pm Live Cooking Demonstrations with Chef Tony Ching Foodcourt Ramp
3.30pm Food Discovery Tours \$50 per person (Bookings essential) Walking Tour
3.30pm J Percussion - Kid's Percussion Workshops Foodcourt Ramp
4pm Ice Carving Foodcourt Ramp

SUNDAY 26

10.00am Food Discovery Tours \$50 per person (Bookings essential) Walking Tour
10.00am - 5.00pm Traditional Costume Photo Studio Main Mall
10.30am Lion Dance & Kung Fu Foodcourt Ramp
11.00am - 1.00pm Calligraphy Demonstrations Main Mall
11.00am - 2.00pm Children's Craft Workshops Outside Zarraffa's
11.00am - 3.00pm Art, Craft & Cultural Displays Main Mall
11.00am - 3.00pm Chinese Embroidery Main Mall
11.00am - 3.00pm Cultural Handcraft Demonstrations Main Mall
11.00am - 3.00pm Fruit & Vegetable Carving Main Mall
12.00pm J Percussion Performance Foodcourt Ramp
1.00pm - 4.00pm Feng Shui Consultations Main Mall
1.30pm AusOriental Orchestra Foodcourt Ramp
3.30pm Food Discovery Tours \$50 per person (Bookings essential) Walking Tour
4pm Ice Carving Foodcourt Ramp

*Bookings for Food Discovery Tours are essential as places are limited. Please check our website for booking details - experiencesunnybank.com.au, or for more information contact Sunnybank Plaza Centre Management on 3345 7500.

Lunar New Year 2020 Sunny Park

WEDNESDAY 22

11.30am Lion Dance Outside Woolworths
2.00pm - 4.00pm Chinese Calligraphy Demonstration & Try-It-Yourself Outside Parkland

THURSDAY 23

11.30am Lion Dance Outside Woolworths
2.00pm - 4.00pm Chinese Calligraphy Demonstration & Try-It-Yourself Outside Parkland
8.30pm Neon Lion Dance restaurant visits

FRIDAY 24

11.30am Lion Dance Outside Woolworths
2.00pm - 4.00pm Chinese Calligraphy Demonstration & Try-It-Yourself Outside Parkland
8.30pm Neon Lion Dance restaurant visits

SATURDAY 25

11.00am - 2.00pm Asian Cooking Demonstrations Near Fresco
11.30am Lion Dance Outside Woolworths
12.30pm Ice Carving Near Kafe Cafe
2.00pm - 4.00pm Chinese Calligraphy Demonstration & Try-It-Yourself Outside Parkland
8.30pm Neon Lion Dance restaurant visits

SUNDAY 26

11.00am - 2.00pm Asian Cooking Demonstrations Near Fresco
11.30am Lion Dance Outside Woolworths
2.00pm - 4.00pm Chinese Calligraphy Demonstration & Try-It-Yourself Outside Parkland

Win a holiday FOR 2 TO ASIA

Shop at Sunnybank Plaza and Sunny Park during our Lunar New Year celebrations, and you could WIN a holiday for two people to Asia, valued at over \$5000!

HOW TO ENTER
Simply make a purchase at any participating Sunnybank Plaza or Sunny Park retailer between 9.00am Wednesday 22 January and 8.00pm Saturday 1 February to receive an entry form. Drop your entry into the barrel for your chance to WIN!

PRIZE DETAILS
The first eligible entry drawn will win 2x Brisbane to Asia Economy Class Return Tickets flying EVA Air, a \$1500 All Way Travel Gift Certificate plus \$500 spending money!

*Terms and conditions apply, please visit experiencesunnybank.com.au for details.

EVA AIR A STAR ALLIANCE MEMBER
All Way Travel 全通旅遊

Experience Sunnybank
sunnybankplaza SUNNY PARK
corner mains road and mcculloch street sunnybank
telephone 3345 7500 experiencesunnybank.com.au

Times and activities are correct at time of printing however may be subject to change without notice.

Celebrating 2020 THE YEAR OF THE RAT

Lunar New Year

WEDNESDAY, 22 - SUNDAY, 26 JANUARY, 2020

Plus LUNAR NEW YEAR ROOFTOP PARTY & FIREWORKS SATURDAY 1 FEBRUARY

Your guide to celebrations and events, plus a FREE souvenir poster!

Experience Sunnybank
sunnybankplaza SUNNY PARK

Lunar New Year

Celebrated in regions with large populations of ethnic Chinese, Lunar New Year is a key holiday for the Chinese and has had major influence on the New Year festivities of its neighbours, as well as different cultures with whom the Chinese have had wide spread interactions. These include Koreans, Mongolians, Nepalese, Bhutanese, Vietnamese, and formerly the Japanese before 1873. Lunar New Year is also celebrated in Hong Kong, Macau, Taiwan, Singapore, Indonesia, Malaysia, the Philippines, Thailand and other countries or regions with major Han Chinese populations, and the celebration has, to varying degrees, become part of the traditional culture of these countries.

The legend of the origins of the New Year celebration has been handed down through the centuries and like all traditional legends, it varies from teller to teller. These legends all recount the story of a terrible monster who would prey on villages and kill the inhabitants. The lion-like monster's name was Nian which is also the Chinese word for "year". Nian was a ferocious creature with an extremely large mouth, capable of swallowing several people in a single bite.

The stories include a wise old man who assists the villagers to ward off the evil Nian. It is soon discovered that Nian can be scared off by making loud noises with drums and firecrackers and hanging red paper cutouts and scrolls on their doors, because for some reason Nian was scared of the colour red. After taking the old man's advice the Nian was conquered. The celebrations are recognition of the "passing of the Nian" and the start of the new year.

The Year of the Rat

The Rat is the 1st and most prominent position on the Chinese Zodiac, symbolising such character traits as wit, imagination and curiosity. Rats have keen observation skills and with those skills they're able to deduce much about other people and other situations. Overall, Rats are full of energy, talkative and charming. Rats are full of good advice, but they will never share their troubles with others. They are honest individuals and they enjoy living for the moment, they're also capable of surviving any situation. Rats enjoy good health and are very active, which helps keep them in shape and fight off sickness.

Extremely perceptive and wise, Rats can focus on the big picture. That ability along with their good judgment enables Rats to solve problems before they arise. Rats focus on titles because titles translate into status and money, two motivating forces. Rats make excellent bosses. Routine halts their creativity, so Rats need flexible positions that allow creativity. Good career choices include: administrator, director, manager, entrepreneur, broadcaster, writer, musician, stand-up comedian, politician, lawyer, researcher and race car driver.

They enjoy social activities and because they're out a lot, they're always meeting new people. They aren't good at breaking off relationships however and this presents problems going forward with new relationships. Anyone hoping to partner with a Rat must be able to keep up with the Rat's active nature. Rats are compatible with a Dragon and Monkey and incompatible with a Horse and Rabbit.

THE CHINESE ZODIAC

The Chinese Zodiac is based upon a twelve-year lunar cycle. Your sign is determined by the year in which you were born (to be accurate you must use a Chinese calendar). Each sign and those born under it, are represented by one of twelve animals, and are ascribed a set of attributes the Chinese believe comprise the nature of each particular animal.

Legend has it the 12 animals of the Chinese Zodiac were chosen by Buddha. When Buddha was near death he invited all the animals to visit him. Only 12 came: the rat, ox, tiger, rabbit, dragon, snake, horse, goat (sheep), monkey, rooster, dog and pig. For visiting him, Buddha honoured each by using them to represent the 12 phases of the Zodiac.

FIND YOUR ANIMAL YEAR!

RAT	OX	TIGER	RABBIT	DRAGON	SNAKE	HORSE	GOAT	MONKEY	ROOSTER	DOG	PIG
1936	1937	1938	1939	1940	1941	1942	1943	1944	1945	1946	1947
1948	1949	1950	1951	1952	1953	1954	1955	1956	1957	1958	1959
1960	1961	1962	1963	1964	1965	1966	1967	1968	1969	1970	1971
1972	1973	1974	1975	1976	1977	1978	1979	1980	1981	1982	1983
1984	1985	1986	1987	1988	1989	1990	1991	1992	1993	1994	1995
1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007
2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
2020	2021	2022	2023	2024	2025	2026	2027	2028	2029	2030	2031