Chinese New Year 2015 Activities

**Lion Dance & Kung Fu**
One of the most popular features of any Chinese New Year celebration is the Lion Dance. When done well, the dance is said to bring good fortune, prosperity and longevity to wherever it is performed. We welcome Master Chen and the Southern Shaolin International Wushu Academy, one of Brisbane’s most renowned Lion Dance and Kung Fu groups, to help us welcome in the Year of the Goat 2015 and showcase these awe inspiring skills.

Lion Dance performances will be on show each day commencing outside Hoyts Cinemas at 10.30am, with Kung Fu demonstrations also included at weekend performances. Following each performance the fabulous Lion Dance will continue throughout the Centre and customers are encouraged to follow the Lions along their path.

**Wed, Thurs, Fri, Sat, Sun:** 10.30am

**Tai Chi**

Tai Chi is the gentle art of health and well-being for people of all ages and health conditions. Come and see demonstrations by the International Wushu Tai Chi Academy in the Sunnybank Plaza Foodcourt during our Chinese New Year celebrations.

**Wed, Fri:** 11.30am

**Noodle Making Demonstrations**
In China, making “hand-pulled” noodles is an art. The freshly made dough is folded and twisted repeatedly until it is transformed into long, thin, noodles. In China it is still possible to watch vendors make hand-pulled noodles, however most noodles are now made by machines. Watch as our Master Chef Sam demonstrates this ancient culinary skill live at Sunnybank Plaza. Some lucky audience members will also be given the chance to try the technique under Sam’s guidance.

**Thurs, Fri:** 1.30pm - 2.30pm

**Chinese Calligraphy**
Chinese calligraphy has been around for over 2000 years and is one of the highest art forms demonstrated in action during this year’s festivities, as they turn plain paper into amazing art form in action during this year’s festivities, as they turn plain paper into masterpieces.

**Wed, Thurs, Fri, Sat, Sun:** 11.00am - 1.00pm

**Chinese Painting Demonstrations**
Painting is one of the most time-honoured Chinese traditions. With distinctive brushwork, traditional paintings reflect the strength and serenity of nature. The team from the Taiwan Women’s League will be providing an opportunity to watch this amazing art form in action during this year’s festivities, as they turn plain paper into masterpieces. Eralds will be offered for sale while stocks last.

**Wed, Thurs, Fri, Sat, Sun:** 11.00am - 1.00pm

**Feng Shui Consultations**
Discover the secrets of Feng Shui during a personal consultation with Feng Shui Master Tom Lo. Benefit from Master Tom’s 40+ years experience and have all your questions answered about this popular philosophy for good health and prosperity. Consultations are at the special price of only $5 for 5 minutes with Master Tom in celebration of the Year of the Goat.

**Wed, Thurs, Fri, Sat, Sun:** 1.00pm - 4.00pm

**Dragon Dance**
The traditional Dragon Dance combines the unique colour, sound and spirituality of Chinese culture in a spectacular physical performance. Demonstrating strength, agility, concentration and rhythm, highly skilled dancers bring a colourful fabric and bamboo dragon to life. See the world renowned Dragon Dance team from Lam Tsuen Kung Fu School perform their multi award winning dance during the Chinese New Year celebrations at Sunnybank Plaza.

**Wed:** 12.30pm

**Ju Percussion Music School**
Using a variety of instruments including xylophones, drums, tambourines and glockenspiels, the Ju Percussion group will present a number of songs in celebration of Chinese New Year live in the Sunnybank Plaza Foodcourt.

**Wed, Thurs, Fri:** 10.30am

**Ice Carving**
Come and see the professional carvers from Ice Art transform a 1 metre high, 180kg block of ice into a detailed Chinese New Year sculpture in front of a live audience. Using a combination of hammers and chisels, the sculpture takes between one and two hours to complete and will last up to four hours.

**Sat:** 12.30pm

**Dough Modelling**
Dough modelling is a 700-year-old handicraft which incorporates the essence of many different genres of the Chinese arts. The remarkable figures range from the religious to whimsical animals and are often used as ornaments. See this intricate and colourful art form demonstrated live at Sunnybank Plaza.

**Wed, Thurs, Fri, Sat, Sun:** 11.00am - 3.00pm

**Traditional Costume Mini Photo Studio**
Take home a special souvenir of your Year of the Goat celebrations. Visitors will have the opportunity to be photographed in traditional Chinese and Taiwanese costumes at our mini photographic studio. A variety of outfits will be available for you to try on free of charge, with souvenir 5"x7" photographs available for purchase from $15.

**Wed, Thurs, Fri:** 12noon - 5.00pm

**Chinese Dance Performance**
Immerse yourself in culture and watch on as the Sunnybank Plaza Foodcourt FILMS with colour and energy during this entertaining Chinese dance performance, showcasing a selection of China’s unique and diverse dance styles. Performances will include a traditional fan and umbrella dance, Chinese ribbon dance, Shanghai dance and a lively Chinese pop dance.

**Thurs:** 7.00pm
**Restaurant up for grabs!**

Have one of 3 authentic Asian meals at the famous Landmark.

You could win an exclusive Food Discovery Tour experience for 10 people + a private group cooking class with Chef Tony Ching. We also style at Landmark Restaurant with a $150 food and beverage voucher.

Cook some of his favourite dishes.

Yum Cha lunch at Landmark Restaurant! Afterwards, choose a date to have one of 3 authentic Asian meals at the famous Landmark. People + a private group cooking class with Chef Tony Ching. We also style at Landmark Restaurant with a $150 food and beverage voucher. Bring some of his favourite dishes.

The Passing of the Nian and the start of the New Year.

Chinese New Year 2015

The stories include a wise old man who assists the villagers to ward off the evil Nian. It is soon discovered that Nian can be scared off by making loud noises with drums and firecrackers and hanging red paper cutouts and scrolls on their doors, because for some reason Nian is scared of the colour red.

The legend of the origins of the New Year celebration has been handed down through the centuries which you were born (to be accurate you must use a Chinese calendar). Each sign and those born less compatible with the Rat and Ox. Your Chinese Zodiac is the Goat (Sheep) if you were born in 1931, 1943, 1955, 1967, 1979, 1991, 2003.

The Chinese Zodiac is based on a twelve year cycle. Your sign is determined by the year in which you were born based on your Chinese and other Eastern astrological systems. However, 1949 and those born between 1992 and 1993 may have a Chinese zodiac.

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